

**AQUATIC ACTIVITIES AT NMSC  
EXERCISE POOL**

**Therapy Pool**

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:30-8 A.M.	OPEN	OPEN	OPEN	OPEN	OPEN	OPEN	OPEN
8-9 A.M.	OPEN	CARLSON	OPEN	CARLSON	OPEN	<b>BABY AND ME 8:30-9:15</b>	OPEN
9-10 A.M.	<b>GRP SWIM LESSONS 9-11:30AM (1/2hr lessons)</b>	CARLSON	<b>GRP SWIM LESSONS 9-11:30AM (1/2hr lessons)</b>	CARLSON	<b>GRP SWIM LESSONS 9-11:30AM (1/2hr lessons)</b>	<b>BABY AND ME 9:15-10</b>	ONE-ON-ONE PRIVATE LESSONS
10-11:30 A.M.		CARLSON		CARLSON		<b>GRP SWIM LESSONS</b>	ONE-ON-ONE PRIVATE LESSONS
11:30-12P.M.	OPEN	OPEN	OPEN	OPEN	OPEN	<b>GRP SWIM LESSONS</b>	ONE-ON-ONE PRIVATE LESSONS
12-12:30 P.M.	OPEN	OPEN	OPEN	OPEN	OPEN	<b>GRP SWIM LESSONS</b>	ONE-ON-ONE PRIVATE LESSONS
1:30-2:30 P.M.	OPEN	OPEN	OPEN	OPEN	OPEN	OPEN (Reserved) <b>BIRTHDAY PARTIES 1:30-3PM</b>	<b>FAMILY SWIM 1-4PM LIFEGUARD ON DUTY</b>
2-3 P.M.	OPEN	OPEN	OPEN	OPEN	OPEN		
3-4 P.M.	OPEN		OPEN		OPEN	OPEN (Reserved) <b>BIRTHDAY PARTIES 1:30-3PM</b>	
4-5 P.M.	<b>GRP SWIM LESSONS 3:30-5:30</b>	CARLSON	<b>GRP SWIM LESSONS 3:30-5:30</b>	CARLSON	<b>GRP SWIM LESSONS 3:30-5:30</b>	<b>HOT TUB CLOSED FOR CLEANING</b>	OPEN
5-6 P.M.		CARLSON		CARLSON		<b>HOT TUB CLOSED FOR CLEANING</b>	<b>HOT TUB CLOSED FOR CLEANING</b>
6-7 P.M.	OPEN		OPEN		OPEN	POOLS CLOSE 5:30	POOLS CLOSE 5:30
7-9 P.M.	OPEN	OPEN	OPEN	OPEN	OPEN		

NMFAC RESERVES THE RIGHT TO CHANGE AND/OR ADD CLASSES TO THIS AQUATIC SCHEDULE.