

**AQUATIC ACTIVITIES AT NMSC
EXERCISE POOL**

THERAPY POOL (PLEASE CALL AHEAD FOR SPACE AVAILABILITY DURING SCHEDULED THERAPY SESSIONS & BIRTHDAY PARTIES)

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00 - 7:00 AM	OPEN	OPEN	OPEN	OPEN	OPEN	OPEN	OPEN
7:00 - 8:30 AM	OPEN	OPEN	OPEN	OPEN	OPEN	BABY AND ME 8:00-8:45	OPEN
9:00 - 10:00 AM	SWIM GRP LESSONS (4 per grp) 9:00-11:30AM (Private Lesson to 12PM)	OPEN POOL UNTIL FURTHER NOTICE JULIA MENO AQUATIC THERAPY AND REHAB	SWIM GRP LESSONS (4 per grp) 9:00-11:30AM (Private Lesson to 12PM)	OPEN POOL UNTIL FURTHER NOTICE JULIA MENO AQUATIC THERAPY AND REHAB	SWIM GRP LESSONS (4 per grp) 9:00-11:00AM	BABY AND ME 8:45-9:30	ONE-ON-ONE PRIVATE LESSONS
10:00-11:30AM						GRP SWIM LESSONS 9:30-1:00	ONE-ON-ONE PRIVATE LESSONS
11:00-12:00PM							ONE-ON-ONE PRIVATE LESSONS
12:00-1:00PM	OPEN		OPEN		BABY AND ME 11:00-11:45AM Reserved for Privates till 1:00pm	FAMILY SWIM 12-3PM LIFEGUARD ON DUTY	
1:00-2:00PM	OPEN	OPEN	OPEN	OPEN	OPEN or Reserved for BIRTHDAY PARTIES 1:30-2:30PM OR 3:30-4:30PM (Check at Reception)		
2:00-3:30PM	OPEN	OPEN	OPEN	OPEN			
3:30-4:30 PM	SWIM GRP LESSONS (4 per grp) 4:00-5:30PM	OPEN	SWIM GRP LESSONS (4 per grp) 4:00-5:30PM	OPEN	SWIM GRP LESSONS (4 per grp) 4:00-5:30PM	OPEN or Reserved for BIRTHDAY PARTIES 1:30-2:30PM OR 3:30-4:30PM (Check at Reception)	OPEN
4:30-6:00 PM		OPEN		OPEN			
5:30-6:30 PM		OPEN	OPEN POOL UNTIL FURTHER NOTICE JULIA MENO AQUATIC THERAPY AND REHAB	OPEN			OPEN
6:30-7:30 PM	OPEN	OPEN		OPEN	OPEN	POOLS CLOSE 5:30	POOLS CLOSE 5:30
7:30-9:30 PM	OPEN	OPEN		OPEN			